



SUMMER- CAMP 2016



Sakskøbing sportscenter Aug. 2nd – 6th 2016



Fencing Club Trekanten and Gothenburg Fencing Club have the pleasure of inviting you to participate in our annual summer camp. We hope you will join us for 5 days of intensive fencing training in preparation for the new season.

The camp is a large social event for the entire club of Trekanten and has over the years become increasingly international with talented fencers coming from Sweden, Germany, England, Egypt, Italy, the Netherlands, the United States and more.

The camp will offer instruction on all levels.

FENCING

The summer camp consists mainly of fencing and physical training. We also emphasize technical preparation and all fencers can therefore receive lessons from the fencing masters and take part in numerous fencing drills.

THE TEAM

The training sessions are led by the club's own coaches together with a group of especially invited fencing masters from abroad:

Malte Trier Mørch	Head of foil fencing in Trekanten and overall responsible for the summer camp fencing program
Henrik Lundegaard Martin R. Kronwall	Coaches from Fencing Club Gothenburg - partners on the planning of the fencing program
Sylvain Puteaux	Former fencing master of Trekanten, currently head of French fencing master education a.o.
Ludovic Sotto	Coach from our friendship club Fighting Fit Fencing in London
Wojtek Von Barneveld	Former coach of Trekanten and now working in Kleve and Duisburg.
Natalia Krolak	From Trekanten responsible for epee. Former Polish National team fencer
Marcus Everitt	Epee trainer at Trekanten and expert in physical training

COURSES

The camp offers many different courses. Some courses are only in Danish while others are in English. The program will be available in July.

VENUE

The camp is held at Sakskøbing Sports Center, approximately one hour south of Copenhagen. The center has two large gymnasiums and a swimming hall. Shuttle transport to and from Copenhagen Central Station will be arranged.

ACCOMODATION

The fencers will be accommodated at the hostel next to the sports center. We also offer participation with no accommodation. Using this option Trekanten suggests Hotel Sakskøbing or Oreby Mølle.

COACHES

Coaches are welcome to accompany their fencers to the camp. Coaches bringing 6 or more fencers to the camp get a 50% discount on the entry fee. Coaches bringing 8 or more fencers can stay at the camp for free. Coaches who receive a discount are expected to help out at the camp.



PARENTS AND COMPANIONS

Parents, siblings and other companions can stay at the camp at a reduced price. However only one person pr. Fencer.

DAYLY SCHEDULE

07.30 – 08.00 Morning run
08.00 – 08.30 Breakfast
09.00 – 11.30 Fencing and courses
12.00 – 12.30 Lunch
14.00 – 16.30 Fencing and courses
17.00 – 18.00 Swimming
18.30 – 19.00 Dinner
20.00 – 22.00 Fencing and courses

REGISTRATION

Please send all entries to:
tournament@trekanten.org

Please state your name, year of birth, weapon and club name.

Fee for participant see below.

The price cover expenses like accommodation, food, courses, swimming, fencing and lessons. Money transfers see later.

Early bird if paid before July 1ste 2016

SHUTTLE BUS

The shuttle bus leaves from DGI-byen (next to the Copenhagen central station) and goes directly to the venue at Saksøbing.

Price: 175 Dkr. each way. Limited numbers of seats!
Make reservation before July 21st at:

Tournament@trekanten.org.

Payment: money transfer to Trekantens bank account.
NOTE: reservation after this date prize mounts to 200 Dkr. each way.

MONEY TRANSFER

Danske Bank account
Reg. nr. 1551 Konto nr. 707 94 35
IBAN: DK2730000007079435
BIC (SWIFT adresse): DABADKKK Danske Bank

INFORMATION

For general information about the camp please write to tournament@trekanten.org.

For questions regarding the fencing please contact Malte Trier Mørch at mtm@trekanten.org or tel. +45 2683 4408.

Participants will receive a full program in July.

WWW.TREKANTEN.ORG
WWW.SAXSPORT.DK
WWW.VISITLOLLAND-FALSTER.DK

Summer camp 2016 – early bird prices!

Pay before July 1st 2016!

Accommodation at hostel or camp site

Full camp
Per day

TREKANTEN MEMBERS

Dkr. 2.450,-
Dkr. 650,-

NON-MEMBERS

Dkr. 2.850,-/385 €
Dkr. 750,-/105 €

No Accommodation

Full camp
Per day

Dkr. 2.050,-
Dkr. 550,-

Dkr. 2.400,-/330 €
Dkr. 650,-/85 €

No fencing or only courses (parents)

Full camp
Per day

Dkr. 1.650,-
Dkr. 450,-

Dkr. 2.050,-/275 €
Dkr. 550,-/75 €

NB! PAYMENT after July 1st extra Dkr. 300,-/45 € pr person



FENCING CLUB TREKANTEN - has existed since 1929 and is one of the most successful clubs in Scandinavia with many fencers participating in international tournaments all around the world. Visit our website www.trekanten.org for further information about the club.

The organizers reserve the right to take pictures and publish these on the website and different social media.