



MELUN VAL DE SEINE

FENCING CAMP EPEE & FOIL



Jean-Michel Lucenay
EPEE, CHAMPION, 2016 OLYMPICS



Enzo Lefort
FOIL, VICE-CHAMPION,
2016 OLYMPICS

AGE GROUP 8+

28 JULY - 02 AUGUST
2019

TRAIN WITH THE CHAMPIONS...

...GROW WITH THE MASTERS!



Maxime Pauty
FOIL, WINNER ST.PETERSBURG
WORLD CUP 2018



Amir Shabakehsaz
Head Coach, Foil
Junior National Team



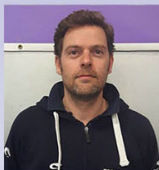
Adeline Wuillème
Foil, European
Champion 2008



Patrice Lhotellier
Foil, Olympic
Champion 2000



Chiara Cini
FOIL, VICE-CHAMPION,
2018 WORLD



Richard Robin
Epée Head Coach
PUC



Jérémie Philippe
Epée Head Coach
CREFED Bordeaux



Robin Hager
Strength and
Conditioning Coach
INSEP



Pauline Ranvier
FOIL, BRONZE MEDAL,
2018 WORLD

CONTACT:

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<https://fr-fr.facebook.com/MelunVDS/>
<http://escrime-cemvs.com/>

AN INVITATION TO MELUN VAL DE SEINE FENCING CAMP 2019

Cercle d'Esgrime Melun Val de Seine (CE Melun Val de Seine) is one of France's most recognized and successful fencing clubs, with a strong history of producing national and international champions that continues to this day. For the first time, it is organizing a week long fencing camp open to both national and international fencers in foil and epee: CAMP CEMVS 2019.

CAMP Melun Val De Seine sets out to offer a fun, educational and rewarding experience centered on improving your fencing skills. The Camp provides a special opportunity to learn and interact with some of the France's top fencing talent who will also be taking to the strips to show as well as tell about the techniques that make them champions, and giving you a chance to fence against some of the best.

CEMVS is recognized by the International Fencing Federation (IFF) as part of the Clubs' Movement Initiative. The Initiative's mission is to elevate the level and broaden the base of fencing worldwide by networking the established infrastructure of high-level clubs with guidance and support from the IFF. As a European representative organization, our goal is to provide comprehensive and world-class programs to develop top-level coaches, athletes and officials to promote the highest levels of self-sustaining fencing programs throughout Europe and the world. CAMP Melun Val de Seine is a prime example of this effort, targeting the development of the next generation of fencers.

CAMP CEMVS features a program of intensive fencing, skill developments and athletic trainings led by Olympic and World Champions and top French coaches. Foil participants will gain from direct interaction with world class fencers Enzo Lefort, Maxime Pauty, Chiara Cini and Pauline Ranvier, most of them members of Melun Val de Seine, as well coaches Amir Shabakehsaz, Patrice Lhotellier and Adeline Wuillème. For Epee, the team includes fencer Jean-Michel Lucenay and coaches Richard Robin and Jérémie Philippe.

CAMP Melun Val de Seine also offers a strategic focus on Strength and Conditioning, offering training and preparation under the guidance of Robin Hager, athletic coach for the French National Team at Insep.

Open to fencers between 8 and 20 years old, participants will be divided into groups on the basis of weapon, age and ability, ensuring targeted development and skills training suited to their level.

The Camp's principal language will be French and English.

Facilities & Catering:

The Camp will be held at Melun Val de Seine's first class dedicated fencing hall in central Melun. Accommodation, athletic training and some outdoor activities, including a pool, will be at the Bois-du-Lys International Center in nearby Dammarie-les-Lys. The Camp is ideally located near the Fontainebleau forest, the summer home of French kings and an easy 30 minute commute to Paris on direct fast trains.

All meals will be provided on site. For more information on the facilities, please check out their website on <https://www.boisdulys.fr>.

Accommodation will be in triple rooms. All dormitories will have adult supervision.
Fees, Registration and Logistics

The Camp fees are €700. The fee includes accommodation and all meals. Transport between the Bois-du-Lys and Melun Val de Seine's fencing hall will be provided during the program. Travel to Melun at the start and end of the camp is the responsibility of the participant, but we can assist in making suitable arrangements. Evening activities are also included in the fee. Campers will have limited opportunities for shopping or non-Camp activities.

Fencers will be expected to arrive at the Bois-du-Lys site from 9am on 28 July. The Camp's opening session and introduction will begin at 10am (subject to changes). The Camp will conclude by 4pm on August 2 (subject to changes), with all Fencers expected to vacate the facilities by that time.

The Camp welcomes fencers aged 8 onwards. Fencing and athletic equipment is the responsibility of the participant.

Interested fencers should contact Melun Val de Seine for any further information or to reserve their place. To secure your place, contact Melun Val de Seine directly at:

melunfencing@gmail.com

or

+33 1 64 39 13 04
(during office hours)

CAMP CHAMPIONS AND COACHES ENCADREMENT



Amir Shabakehsaz

National coach, French Foil, Head coach responsible for the Juniors and Cadets (Pôle Espoir) national teams since August 2017.

Fencing coach, Pays d'Aix from 2008 to 2016.
Assistant national coach, Men's Foil, Aix en Provence, 2009 to 2016

Assistant national coach Senior National teams at INSEP in 2017

International referee, foil and épée

Retired international fencer, foil and épée

Patrice Lhotellier

Fencing coach

Technical director and responsible for Melun Val de Seine fencing club

Sport teacher with Melun Township

Member of the French Foil national team from 1986 to 2000

Olympic Gold by team, Sydney 2000, World

champion by team, winner of 4 world cups

French National Team support staff (coaching), Men and Women, international competitions.



Adeline Wuillème

Fencing coach and Sport teacher

Fencing coach for Issy-les-Moulineaux and for the Pôle Espoir France in Chatenay-Malabry

Member of the French Foil National team, 1996 to 2008

European Champion, 3rd in World Championships, 3

selections to the Olympic Games

Winner of 6 world cup competitions



Richard Robin

Fencing coach
Technical Director and coach for Paris University Club
Member of the French Epée national team, 1998 to 2012. Finalist in several World Cup competitions.
Accompanying member of the Women's national teams (European and World Cup competitions). Fencing coach on the national training camps U15 (Vichy).

Jérémy Philippe

Fencing coach, Epée

Fencing coach for Ornon Fencing club (Gironde, France). Responsible for the regional training center in Bordeaux.



Robin Hager

Athletic coach, Strength and Conditioning, to the French Senior Foil and Saber teams at INSEP since 2018.
Thesis on valuation and development of explosiveness in the INSEP labs 2015_2018
Handball and cycling coach, 2010 to 2012
Athletic coach, training center US Ivry Handball in 2013
Video analyses for the French national field Hockey teams in 2015

Michel Sicard

Fencing coach, over 30 years' experience.
National coach to the Senior Men's Epée team, 1996 to 2004.
Coach to Eric Srecki, Hugues Obry, Fabrice Jeannet, Gauthier Grumier, 25 medals in total, including 11 Gold and 3 olympic medals.
Coach to the French Modern Pentathlon national team, 1st gold medal in the Olympic Games in Rio with Elodie Clouvel.



Jean-Michel Lucenay

Fencing coach

Member of the French national team, Epée, 2002 to 2016.
Olympic Gold by team, 6 times World Champion by team,
European Champion, Individual and Team, winner of 4 world
cup competitions.

Accompanying member to the French Men's national teams
in international competitions.



Enzo Lefort

Physiotherapist

Member of the French Foil Senior team since 2011.
Olympic silver by team, Rio 2016.

European champion by team, Bronze medal in the
World Championships, winner of the CIP
competition in 2014.

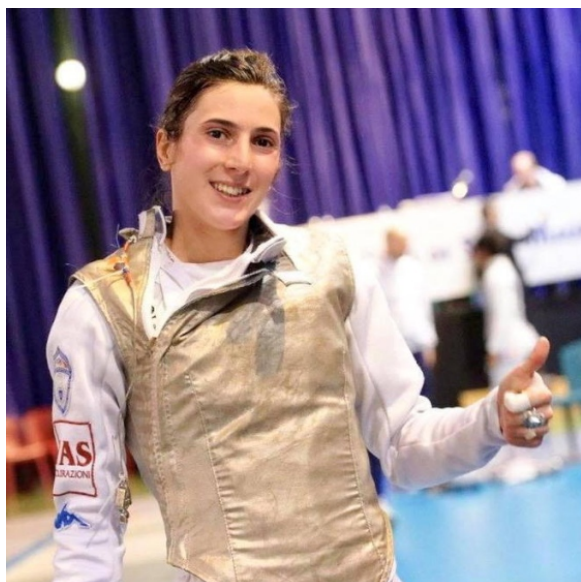
Maxime Pauty

Journalist, TV and radio

Member of the French Senior national team
since 2012

Winner of the World cup in St Petersburg,
finalist of several world cups.





Chiara Cini

Architect

Member of the Italian Foil national team

Silver medal by team World Championships,
finalist of several World Cup competitions.

Pauline Ranvier

Student, Masters degree, Sports Management and sports training

Member of the French Senior national team since 2015.

3rd in the World championships and European championships by team.

Finalist in several world cup competitions.



To register for the camp, please fill in the registration form below and contact Melun Fencing club:

melunfencing@gmail.com

or

+33 1 64 39 13 04
(during office hours)



STAGE D'ESCRIME MELUN VAL DE SEINE

EPEE & FLEURET

28 JUILLET - 02 AOUT 2019



FICHE D'INSCRIPTION / REGISTRATION FORM

Nom / *Name* :

Prénom / *First Name* :

- Féminin/ *Female*
- Masculin / *Male*
- Fleuret / *Foil*
- Epée

Date de naissance / *Date of birth* :/...../.....

Adresse / *Address* :

Pays / *Country* :

Tél / *Phone* : tél portable / *Mobile Phone*

Mail :

Club :

Prix du stage / *Fencing camp fees*: **700€**.

Acompte pour la réservation/ *Booking deposit* : **200€**

Mode de paiement / *Payment Method* : par chèque libellé au CEMVS ou par virement - *by check in the name of CEMVS or by wire transfer (bank details by request)*

En 1 fois : acompte + 500€ / *in 1 time* : *deposit* + 500€

En 2 fois : acompte + 2 x 250€ / *in 2 times* : *deposit* + 2 x 250€

En 3 fois : acompte + 2 x 170€ et 1 x 160€ / *in 3 times* : *deposit* + 2 x 170€ et 1 x 160€

Le stage devra être intégralement réglé le **30 juin 2019** / *The full payment of the camp must be received prior to June 30th, 2019.*

ANNULATION / *CANCELLATION*

En cas d'annulation + de 30 jours avant le début du stage, 100€ seront retenus par le CEMVS.

In case of cancellation at least 30 days before de beginning of the camp, 100€ would be retained by the CEMVS.

En cas d'annulation – de 30 jours avant le début du stage, l'intégralité des sommes versées resterait acquise par le CEMVS.

In case of cancellation less than 30 days before the beginning of the fencing camp, the full amount paid would be retained by the CEMVS.

Fait à / *Signed in* : le / *on* :

Signature