

Four-days Sabre workshop with maîtres Ákos Patócs and Rhys Melia 2020 January 2, 3, 4, 5 in Utrecht

For the fifth time a sabre workshop will be organised under the supervising of maître Ákos Patócs in de gym of the school Onder de Bogen (address Madridstraat 1, 3541 DZ Utrecht), in Utrecht Leidsche Rijn. If enough participants have registered maître Rhys Melia will act as a second supervisor. The workshop is open to sabre fencers of all ages and categories. However, the motivation to train intensively in a friendly but disciplined atmosphere for four days is absolutely required.

The participation fee for four-days training, including every dag four hours of training with Hungarian style footwork, weapon, gymnastic and stretching exercises, free fencing and two individual lessons is 150,- euros. (It is possible to participate for two days for 75,- euro).

With one coach the maximum number of participants will be limited to 16; with a second coach the maximum limit will be 22 participants. The registration takes place based on order.

You can register by sending an email to the convenor of the workshop László Marác (lkmaracz@ziggo.nl) and by transferring a partial amount of the fee of 50,- euros before November 15, 2019 to bankaccount NL61RABO0394757335 of L.K. Maracz.

The remaining amount (i.e. 100,- euros for four days and 25,- euros for two days) should be transferred before December 15, 2019.

In case the workshop needs to be cancelled for whatever reason the partial fee will be reversed. In case the participant withdraws from the registration or does not show up at the workshop the partial fee will not be reversed.

The venue Onder de Bogen can be reached by car next to the A2 motorway, by train a five minutes walk from Leidsche Rijn/Utrecht station and by bus 28 from the Utrecht Central Station, bus stop in front of Onder de Bogen. Parking on the opposite site of the venue is free of charges.

Training the trainers sessions in cooperation with the Dutch Association of Fencing Masters (NAS)

On Friday January 3 and Saturday January 4 fencing masters and trainers will be invited to participate in a two-hours session previous to the workshop for the fencers. They will receive instructions and assignments to be applied during the workshop. They can work with their own pupil(s) or other fencers during the day. The participants will receive feedback from the supervisors of the workshop and peer-review of their colleagues. The participants fee for fencing masters and trainers for the full two-days is 75,- euros.