



Easter fencing camp Alkmaar

In the week before the Ludus et Gladius tournament, young foil fencers between 12 and 18 years old, can participate in the training of our athletes at fencing club HollandSchermen. We will provide a morning and evening training each day from Monday to Friday from the 15th to the 19th of April.

Organization

Fencing club HollandSchermen in Alkmaar (NL).

Contact person: Jeroen Divendal, Headcoach, +31651783516 jdivendal@gmail.com



Location

Venue of the fencing camp and competition: Sportcomplex De Meent Bauerfeind, Terborchlaan 301, 1816MH Alkmaar

Program of the week 15th / 20th of April 2019

Monday 15th	09:30-11:30 Athletic Skills	18:00-19:00 Lessons 19:00 -21:00 W-up, fencing
Tuesday 16th	09:30-11:30 Athletic Skills	18:00-19:00 Strength 19:00 -21:00 W-up, fencing
Wednesday 17th	09:30-11:30 Athletic Skills	17:00-18:00 Lessons 18:00-20:00 W-up, fencing
Thursday 18th	09:30-11:30 Athletic Skills	18:00-19:00 Strength 19:00 -21:00 W-up, fencing
Friday 19th	09:30-11:30 Fencing, lessons	19:00 -21:00 FUN fencing
Saturday 20th	Fencing tournament Alkmaar LUDUS ET GLADIUS (See invitation)	

Sign up & information?

Please contact coach Jeroen Divendal jdivendal@gmail.com +31651783516

Sign up? We need to know: Name, date of birth, Name and cellphone number of contact person that will accompany the fencer to the camp, e-mail address and telephone number of parents.

Costs and payment

Participation for all trainings costs €200,- per fencer. Meals, accommodation and participation in the tournament are not included in this fee. Coaches don't pay any fee.

The fee can be paid by bank transfer before the 14th of April 2019 to: HOLLANDSCHERMEN, SWIFT/BIC-code RABONL2U, IBAN NL27 RABO 0145 6570 00. Please specify: Easter fencing (Name)

Liability: All fencers under 18 years old must be accompanied by an adult that is responsible for this fencer during the whole period of the camp. The organization by HollandSchermen is not liable for any accidents, damage, missing items and / or other mishap of any kind.

Accommodation

- In a cottage near the venue <http://www.woudhoeve.nl>
- Hostels of Stay Okay in Egmond, Bakkum, Haarlem or Heemskerk <https://www.stayokay.com>
- Hotels at the beach you find in Egmond aan zee. For example <https://zuiderduin.nl>

More information about Alkmaar and accommodation: VVV Alkmaar Tourist Information <http://www.vvvhartvannoordholland.nl>

website <https://www.easterfencing.nl/>

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